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| <p></p> <p><b>Averill</b><br/><b>Landscaping</b><br/><b>Materials</b></p> <p>Bark Dust (Fir &amp; Hemlock)<br/>Compost * Red Rock<br/>Decorative Rock<br/>6955 Kilchis River Road *</p>  | <p><b>TONY VELTRI</b><br/><b>INSURANCE SERVICES</b></p> <p>Auto * Home * Business * Farm</p> <p>Phone: 503.842.4407<br/>Fax: 503.842.4409</p> <p>1700 4th St., Tillamook, OR 97141</p>   | <p><b>Edward Jones</b> Brett Hurliman, AAMS*</p> <p></p> <p><b>MAKING SENSE OF INVESTING</b><br/>2015 10TH Street Ste.B<br/>Tillamook, OR 97141<br/>Bus: 503.842.3695 Fax: 888.694.9471<br/>TF 800.858.4216 HM503.842.7017</p> |
| <p>TRACY E. SOLIS, DVM,MS</p> <p></p> <p><b>PIONEER</b><br/>Veterinary Hospital</p> <p>801 MAIN ST.<br/>Tillamook OR 97141 - (503) 842-8411</p>  | <p><b>BARBUR LAW LLC</b></p> <p>Estate Planning<br/>to Protect Your Family</p> <p></p> <p>1000 N Main Avenue, Tillamook<br/>503-842-2553   www.barburlaw.com</p>  | <p><b>Waud's</b><br/><b>Funeral Home</b></p> <p>1414 3rd Street<br/>Tillamook, OR 97141</p> <p></p> <p>Michael T. Waud * Louisa Waud<br/>Thomas A. Waud * Betty Waud 503-842-7557</p>   |
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**Perpetual Adoration Chapel**

You can now come and spend some quiet time with Jesus whenever you can. He is always here waiting for you. Give him a little of your time.



**Welcome to Sacred Heart Church and St. Joseph Mission**

*We are a community of believers centered on the Eucharist, the Word of God and Catholic tradition. Together, we give witness to our faith through the Sacraments, good works of service and prayer.*



**SACRED HEART CHURCH - Tillamook & ST. JOSEPH MISSION PARISH - Cloverdale**

**February 1, 2026**  
**FOURTH SUNDAY IN ORDINARY TIME**



Matthew 5, 1-12a

Sacred Heart Church:  
2411 5th St.  
Mailing 2410 5th St.  
Tillamook, OR 97141  
Office Phone: 503-842-6647  
Fax: 503-842-3897

Email: [sacredheart2411@gmail.com](mailto:sacredheart2411@gmail.com)  
Like & Share us on Facebook!  
Web Site: [sacredheartchurchtillamook.org](http://sacredheartchurchtillamook.org)

**Office Hours:**  
Tuesday - Thursday, 10 am - 2 pm  
Closed on Mon. & Frid  
Office closed:12/22 - 1/2 Christmas Break

**DAILY MASS:**  
Tuesday @ 5 pm  
Wednesday - Friday 9:30 am

**See the weekly schedule section for any changes**

**EUCCHARISTIC ADORATION:**  
**Admin. Bldg. Chapel**  
Perpetual Adoration Chapel

**WEEKEND MASSES:**  
First Saturday Mass 10:30 am  
Saturday Vigil Mass: 5:00 pm  
Sunday, English Mass: 8:30 am  
Sunday, Spanish Mass- 12:30 pm  
Rosary: Before each Mass

**CONFESSIONS**—Saturday 3:30 - 4:30 pm  
And by appointment



**St. Joseph Mission Parish**  
Fr. Angelo Te, Pastor  
34560 Parkway Dr  
Cloverdale, OR 97112  
503-842-6647

**Mass Schedule**  
Thursday & Friday 11 am  
Sunday - 10:30 am

Confession: Call the office for appointment

**SACRED HEART PARISH STAFF**

**Father Angelo Te - Pastor** 503-842-6647 - [jte@archdpdx.org](mailto:jte@archdpdx.org)  
**Emergency #** (in danger of death) 503-812-1035  
**Anna Orta** - Secretary 503-842-6647 - [sacredheart2411@gmail.com](mailto:sacredheart2411@gmail.com)  
**Ronda Groshong** - Bus. Manager- 503-842-6647 [groshong@archdpdx.org](mailto:groshong@archdpdx.org)  
**Diana Benito**- Faith Formation / Hispanic Minister 503-842-6647  
[hispaniccoordinator2021@gmail.com](mailto:hispaniccoordinator2021@gmail.com)

**CHURCH MINISTRIES COORDINATOR - 503-842-6647**  
**Kathy Ellis** - Music  
**Steve Persichetti - Andres Sanchez** - Men's Group Coord.  
**Stephanie Rangel - Diana Benito** - Women's Group Coord



WEEKLY SCHEDULE

Monday February 2 Office is closed

Tuesday February 3  
No Mass

Wednesday February 4  
No Mass  
6:00 pm Faith Formation

Thursday February 5  
No Mass

Friday February 6 Office is closed  
No Mass

Saturday February 7  
10:30 am 1st Saturday Mass  
3:30 pm Confessions  
4:30 pm Rosary  
5:00 pm Vigil Mass

Sunday February 8  
8:00 am Rosary (English)  
8:30 am Mass (English)  
12:00 pm Rosary (Spanish)  
12:30 pm Mass (Spanish)

MASS SCHEDULE - ST. JOSEPH

Thursday, February 5  
No Mass

Friday, February 6  
No Mass

Sunday, February 8  
10:00 am Rosary  
10:30 am Mass  
H - Carlos Manuel Modesto



QR CODE FOR ONLINE GIVING

This is Sacred Heart Church QR code for online giving. You may start using it now to make it more convenient for everyone. Thank you for your generosity.



Tuesday February 3  
H -  
Wednesday February 4  
H -  
Thursday February 5  
Friday February 6  
Saturday, February 7  
10:30 am † - Placido y Paula Modesto  
5:00 pm † - Mark Groshong  
People of the Parish  
Sunday, February 8  
8:30 am Catholic Daughters  
12:30 pm † - Gabina Ocampo



Loyola Press Sunday Family Connections

Gospel  
Matthew 5:1-12a



Today's Gospel offers a contrast to many of the messages we hear in our society today. If we were to accept uncritically the "get ahead" messages of our culture, we would think that happiness means having money, being successful, having many possessions, and so on. When we think this way, we are not unlike the people who heard Jesus teach on the day that he taught the Beatitudes. The crowd that day also associated happiness with material possessions and status.

Talk as a family about what it means to be happy or to be blessed. Make a list of traits that you would associate with a happy person. Then read together today's Gospel, Matthew 5:1-12a. Reflect on Jesus' description of happiness. Think about what each of the Beatitudes might have in common and write a family summary of the Beatitudes. Post the summary in a special place as a reminder of what your family will consider "true happiness."

Conclude by praying together prayers of petition based on the Beatitudes, e.g., "We pray that we will be peacemakers who seek to get along with other people even when this is difficult. We pray to the Lord." All respond: "Lord, hear our prayer."

<https://www.loyolapress.sunday-connection>



Saturday, February 7  
5:00 pm  
Lector; Joan Yost  
EM: Tami Leith  
Sacristan: Tami Leith  
Altar Server: Orie & Michael

Sunday, February 8  
8:30 am  
Lector: Suzanne Weber  
EM: Pat Kehr & Suzanne Weber  
Sacristan: Stephanie Rangel  
Altar Server: Maahs Family

Sunday February 8  
12:30 p.m.  
Lector: Elizabeth Gaspar  
EM: Andres Sanchez y Maria H.  
Rosary: Herminia Benito  
Sacristan: Maria Diaz  
Ushers: Alejandro, Julian, Francisca, Dolores  
Altar Server: Isidro, Gael, Soledad

Prayer before Mass - St. Thomas Aquinas

Almighty and ever-living God, I approach the sacrament of Your only begotten Son Our Lord Jesus Christ. I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth.

Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with purity and faith, repentance and love, and the determined purpose that will help to bring me to salvation.

May I receive the sacrament of the Lord's Body and Blood, and its reality and power. Kind God, may I receive the Body of Your only begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into His mystical body and numbered among His members.

Loving Father, as on my earthly pilgrimage I now receive Your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with You forever. Amen.

- Saint Thomas Aquinas

PRAYER REQUEST

H= Health S= Soul  
S - Tom Leith  
H - Jeanette Werner S - Fib Johnston  
H - Frances Madachy S - Jo Wehinger  
H - D J Maher S - Linda Rodriguez  
H - Andrea Jenck S - Trinidad Martinez  
H - Estrella Te S - Jim Hurliman  
H - Kerma Lamkin S - Bob Willhite  
H - John Bender S - Sue Hurliman  
H - Donna Molendyke S - Heidi Rutar  
H - Luis Silveira S - Bill Benedict  
H - Lina Silveira S - Jackie Kottre  
H - Westin Bennett S - Hank Gollon  
H - Ed Rieger S - Wanda DeJong  
H - Marcos Orta S - Dotty Geller  
H - Kenya Ramirez S - John Lloyd

Please also pray for all members of our Parish, Poor Souls in Purgatory and All Sinners of the World. This list of names will be offered during our daily and weekend Masses.

DAILY MASS READINGS

Monday, February 2  
1st Reading: Malachi 3:1-4  
Psalm: 24:7, 8, 9, 10  
2nd Reading: Hebrews 2:14-18  
Gospel: Luke 2:22-40 or 2:22-32

Tuesday, February 3  
1st Reading: 2 Samuel 18:9-10,14b,24-25a, 30-19:3  
Psalm: 86:1-2, 3-4, 5-6  
Gospel: Mark 5:21-43

Wednesday, February 4  
1st Reading: 2 Samuel 24:2, 9-17  
Psalm: 32:1-2, 5, 6, 7  
Gospel: Mark 6:1-6

Thursday, February 5  
1st Reading: 1 Kings 2:1-4, 10-12  
Psalm: 1 Chronicles 29:10,11ab,11d-12a,12bcd  
Gospel: Mark 6:7-13

Friday, February 6  
1st Reading: Sirach 47:2-11  
Psalm : 18:31, 47 and 50, 51  
Gospel: Mark 6:14-29

Saturday, February 7  
1st Reading: 1 Kings 3:4-13  
Psalm : 119:9, 10, 11, 12, 13, 14  
Gospel: Mark 6:30-34

Sunday, February 8  
1st Reading: Isaiah 58:7-10  
Psalm: 112:4-5, 6-7, 8-9  
2nd Reading: 1 Corinthians 2:1-5  
Gospel: Matthew 5:13-16



## COME, JOIN US AFTER 8:30 MASS NEXT SUNDAY:

Next Sunday **February 8**, **Dj and Jaimie Josi** will serve Coffee and Donuts after 8:30 Mass in the Parish Hall. Come and join us as we gather for some good and friendly conversation.



### Homebound Ministry to the Sick

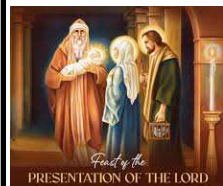
#### DO YOU HAVE A LOVED ONE AT HOME WHO WOULD LIKE TO RECEIVE HOLY COMMUNION?

Our parish is blessed to have parishioners who serve as Extraordinary Ministers of Communion (EMC) to parishioners who are homebound. It is most fitting to bring Communion to the sick and/or the homebound from the Mass, but other times may be arranged depending on availability. This ministry, a corporal work of mercy-visiting the sick-reminds those who are homebound that they are an important part of our faith community. Do you know a Sacred Heart Church parishioner who is homebound? Share this bulletin announcement with fellow parishioners whom you know and please invite them to call us. Please call the Parish Office at (503) 842-6647 to make arrangements.



### St. Joseph Parish

St. Joseph 's Altar Society will be meeting at 10:00 a.m. Monday, January 12th. All ladies of the parish are invited to attend. Meetings are held the 2nd Monday of the month.



### The Presentation of the Lord.

Today, February 1, there will be a blessing of the baby Jesus used during Christmas in your manger at home. So if you have one that you use during Christmas, you can bring it to be blessed.



### Blessing of the Candles.

Today, February 1, there will be a blessing of candles. So if you have candles that you use during the year, you can bring them and they will be blessed during Mass.



Liturgical  
Ministries

### REFRESHER TRAINING

There will be a refresher training meeting for all Lectors, Eucharistic Ministers, Ushers, and Sacristans on Saturday, February 7 after the First Saturday Mass which starts at 10:30 am. If you are a member of one of these groups, you will need to attend.

### Today's Reflection

The Fourth Sunday in Ordinary Time (Year A)

Sunday February 1, 2026

### The Good Life

Jesus took special notice of the “disadvantaged” people, as our culture likes to call them. On Sunday we will hear him explain that the most blest people are the poor [in spirit], the ones who grieve, the ones who are meek, the ones hungry and thirsty for fairness [“righteousness”], the merciful, and the peacemakers.

It is easier to see why the peacemakers and the merciful and the ones hungering for fairness deserve blessedness. These are people we already admire. But the poor? And those who grieve? Oh, and I forgot about the ones whom people insult and persecute and utter every kind of evil falsely against because of Jesus.

### Ouch.

Most of us would have compiled just the opposite list. Blest are you if you are rich. Blest are you if never have to grieve over losing someone you love. Blest are you if you are admired and free of enemies and spoken well of at all times. Don't these sound much more like the good life we want for ourselves and our friends?

Yes, in a way. But isn't there a danger in these wonderful sounding states of life. Riches and honor can be lures that lead away from love. If I am rich I am tempted to let that be my identity, external though it is. If I am highly admired I might well be enticed to believe that I actually am what people say about me. Either of these can lead to pride, which in this case means paying attention only to myself and what pleases me.

If this happens, and if it leads to the bad kind of pride, still a quiet voice inside us will cry, “I am your real self and you have covered me over. You are smothering me. Help!”

God loves each of us in this “real self.” It is the part of us that God knows best and loves most. God calls us to be what we really are, persons who are loved as we are, and who love in return. What we own, how honored we feel, how swollen up with pride we are—these are un-dependable. They get in the way, sometimes tragically. God's Spirit dwells deeper within us, and if we learn to live from that inner spot we will find we are living lives of peace and fruitfulness.

That is why the beatitudes make deep sense. If we do learn to live from the home within us, we will find God's love there. And we will find also love of others, comfortably dwelling with it. This will be true even if poverty and insults are our external condition.

It takes a while to learn, sometimes a great while. Watch Jesus if you want to know what it is like.

*Spirituality of the Readings | Saint Louis University Sunday Web Site*